

Dear Colleagues and Friends,

It is our pleasure to announce that the 2nd EASD Postgraduate Course will be held in Belgrade, Serbia, 18-21 May 2011.

The 2nd EASD Postgraduate Course, organized by the EASD Postgraduate Education Committee, the Faculty of Medicine, University of Belgrade, Diabetes Committee of the Endocrine Section, Serbian Medical Association, and the Committee for Multidisciplinary Research in Diabetes, Serbian Academy of Sciences and Arts, is dedicated to young, clinically oriented diabetologists, coming primarily from the Balkan region and also from other parts of Europe.

The aim of the EASD Postgraduate Course is to upgrade the knowledge of its participants and to enable intensive and interactive discussions with the most prominent experts in different fields of diabetology. The invited speakers will not only present lectures but they will also moderate the workshops which generate a unique opportunity to clarify different dilemmas and controversies.

The scientific programme of the EASD Postgraduate Course, consisting of 21 lectures and 8 workshop sessions, will be accompanied by interesting social events, all set in the beautiful city of Belgrade, one of the oldest and most historical cultural centers in the Balkan region. The EASD Postgraduate Course will contribute to your understanding of the current concept in the treatment of diabetes and its complications and it will be a great platform to broaden your network of colleagues for future collaboration.

Therefore, we invite you to take part in this EASD Postgraduate Course and we look forward to welcoming you to Belgrade!

Professor Cornelis Tack
Chair
EASD Postgraduate Education

Professor Nebojsa M. Lalic
Professor Tadej Battelino
Local Organizing Committee

GENERAL INFORMATION

The official language of the Course is English.

All detailed information can be found at the official website of the Course www.smart4.co.rs

The venue of the Course will be Best Western Hotel M Belgrade, situated at 20 min drive from Belgrade Airport and around 15 min from the centre of Belgrade. More information at www.hotel-m.com

REGISTRATION

The participants will be registered on first come-first register basis. The participants are kindly invited to register online which is available through the web site of the Course www.smart4.co.rs

The deadline for registration is May 12, 2011

There is no registration fee.

Maximum number of participants: 250.

The accommodation (3 nights, double room, b/b) will be covered for 120 of the participants registered based on the order of the receipt of the applications, while the participants are asked to pay for their own travel to and from Belgrade.

The limited number of 5 travel grants will be given in amount up to 1.000 €, depending on the destination. The information about the application for the travel grant is also available at the website of the Course.

ACCOMMODATION AND TRAVEL

The executive organizer of the Meeting, SMART Travel will be pleased to help you in organizing your accommodation and travel, as well as to offer the sightseeing tours and other tourist information and services during your stay in Belgrade.

CONTACTS

**President of the Local
Organizing Committee**

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2nd EASD Postgraduate Course

CURRENT CONCEPTS IN THE TREATMENT OF DIABETES AND ITS COMPLICATIONS

**Relationship to pathogenic
mechanisms and possibilities
of prevention**

18 – 21 May 2011

Best Western Hotel M, Belgrade, Serbia

ANNOUNCEMENT

Locally organised by:

Faculty of Medicine, University of Belgrade
Diabetes Committee Endocrine Section,
Serbian Medical Association and
Committee for Multidisciplinary Research in Diabetes,
Serbian Academy of Sciences and Arts

PRE-FINAL SCIENTIFIC PROGRAMME

Wednesday, May 18, 2011.

- 17.00-17.30 **Opening**
Welcome by the local chairmen
(N. M. Lalic / T. Battelino)
Welcome by EASD
(C. Tack, chair post-graduate education)
Welcome by Serbian institutions
- 17.30-20.00 **Session 1.**
"Diabetes: setting the scene"
- 17.30 Diabetes pandemics: myth or reality in 2011
B. Balkau (Paris, France)
- 18.00 Pathophysiology of type 2 diabetes: what we know and what we don't
C. Tack (Nijmegen, The Netherlands)
- 18.30 Pathogenesis of type 1 diabetes: new insights
F. Nicoletti (Catania, Italy)
- 19.00 Discussion
- 19.30-22.00 *Get together reception*

Thursday, May 19, 2011.

- 09.00-10.30 **Session 2**
"Diabetes treatment: achievements and controversies"
- 09.00 Treatment of type 1 diabetes: specificities in children and adolescence
T. Battelino (Ljubljana, Slovenia)
- 09.30 New therapeutic approaches in type 2 diabetes: a critical analysis
L. Czupryniak (Lodz, Poland)
- 10.00 Insulin treatment in type 2 diabetes: an ongoing debate
N. M. Lalic (Belgrade, Serbia)
- 10.30 Discussion
- 11.00-11.30 *Break*
- 11.30-12.30 **Session 3**
"Cardiovascular disease and hypoglycemia: how dangerous"
- 11.30 Cardiovascular disease in diabetes: silent vs symptomatic ischemia
P. Valensi (Paris, France)
- 12.00 Hypoglycemia during diabetes treatment and its cardiovascular consequences
A. Mitrakou (Athens, Greece)

- 12.30 Discussion
- 13.00-14.00 *Lunch*
- 14.30-16.30 **Workshops 1 (3 parallel sessions)**
1. Insulin pump and CGM in children: strategies and practical tips
T. Battelino (Ljubljana, Slovenia)
2. Type 2 diabetes treatment: which agent(s) after metformin?
C. Tack (Nijmegen, The Netherlands), L. Czupryniak (Lodz, Poland)
3. Silent cardiovascular disease in diabetes: to screen or not to screen?
P. Valensi (Paris, France), B. Balkau (Paris, France)
- 17.30-22.00 *Sightseeing with the outside dinner*

Friday, May 20, 2011.

- 09.00-11.30 **Session 4**
"Microvascular complications and diabetic foot"
- 09.00 Microvascular complications: preventive intervention strategies
S. Karadeniz (Istanbul, Turkey)
- 10.00 Early diagnosis and treatment of diabetic neuropathy: relevance for the prevention of diabetic foot
A. Boulton (Manchester, UK)
- 10.30 Surgical treatment of diabetic foot: new approaches
K. Schara (Ljubljana, Slovenia)
- 11.00 Discussion
- 11.30-12.00 *Break*
- 12.00-14.00 **Workshops 2 (2 parallel sessions)**
1. Early detection of microvascular complications in diabetes
S. Karadeniz (Istanbul, Turkey), T. Tankova (Sofia, Bulgaria)
2. Diabetic foot
A. Boulton (Manchester, UK), K. Schara (Ljubljana, Slovenia)
- 14.00-15.00 *Lunch*
- 14.00-16.00 **Session 5**
"Macrovascular complications"
- 14.00 Blood glucose lowering: how efficient in cardiovascular disease prevention?
A. Mitrakou (Athens, Greece)
- 14.30 Lipid lowering in diabetes: is the lower the better?
R. Ceska (Prague, Czech Republic)
- 15.00 Blood pressure lowering in diabetes: is the lower the better?
M. Zamaklar (Belgrade, Serbia)

- 15.30 Discussion
- 16.00-16.30 *Break*
- 16.30-18.30 **Workshops 3 (3 parallel sessions)**
1. Fasting glucose, postprandial glucose and glucose variability: impact on cardiovascular complications
A. Mitrakou (Athens, Greece), A. Janez (Ljubljana, Slovenia)
2. Residual atherosclerosis risk in type 2 diabetes: how to treat?
R. Ceska (Prague, Czech Republic), M. Zamaklar (Belgrade, Serbia)
3. Hypertension in diabetes: how to treat?
N. M. Lalic (Belgrade, Serbia), T. Tankova (Sofia, Bulgaria)
- 20.00 *Gala dinner*

Saturday, May 21, 2011.

- 09.00-11.00 **Session 6**
"Insulin delivery, dietary intake and glucose monitoring: a complex unity"
- 09.00 Insulin pump therapy in adults: an impact of dietary intake
J. Pickup (London, UK)
- 09.30 Functional insulin treatment
A. Janez (Ljubljana, Slovenia)
- 10.00 Glucose monitoring in type 1 and type 2 diabetes: benefits and pitfalls
T. Tankova (Sofia, Bulgaria)
- 10.30 Discussion
- 11.00-11.30 *Break*
- 11.30-14.00 **Session 7**
"Metabolic syndrome and type 2 diabetes prevention"
- 11.30 Metabolic syndrome: pathogenesis and the role of glucocorticoid receptors
S. Damjanovic (Belgrade, Serbia)
- 12.00 Metabolic syndrome: definitions and relationship to type 2 diabetes
C. Tack (Nijmegen, The Netherlands)
- 12.30 How to prevent type 2 diabetes: from preventive trials to preventive programs
N. M. Lalic (Belgrade, Serbia)
- 13.00 Pharmacological intervention in prevention of type 2 diabetes: facts and promises
M. Roden (Dusseldorf, Germany)
- 13.30 Discussion
- 14.00 **Concluding remarks**