

## **CONTINUING MEDICAL EDUCATION – first category domestic course!**

### **balneotherapy in dermatology - possibilities of sulphuric mineral water and peloid in the treatment of dermatologic diseases**

**Organizing and Scientific Committee:** Aleksandar Jokic and Mirjana Milinkovic

**Course venue:** Specialized Rehabilitation Hospital, Banja Koviljaca, Serbia

**Date:** May 14<sup>th</sup>, 2011.

#### **The list of lecturers:**

1. Primarius Aleksandar Jokic, MD, MSc, physiatrist – balneologist, Specialized Rehabilitation Hospital, Banja Koviljaca, Serbia
2. Associate Professor Mirjana Milinkovic, MD, PhD, dermatovenereologist, Clinical Center of Serbia, Department of Dermatovenereology, School of Medicine, University of Belgrade, Belgrade, Serbia
3. Primarius Djunajder Kerimovic-Morina, MD, PhD, science assistant, internist – rheumatologist, Institute of Rheumatology, School of Medicine, Belgrade, Serbia
4. Primarius Negosava Stojkovic, MD, pediatric physiatrist, Specialized Rehabilitation Hospital, Banja Koviljaca, Serbia
5. Snezana Vasic, MD, physiatrist, Specialized Rehabilitation Hospital, Banja Koviljaca, Serbia
6. Zoran Grujic, MD, physiatrist, Specialized Rehabilitation Hospital, Banja Koviljaca, Serbia

#### **Course Programme:**

<b>Timetable</b>	<b>Subject</b>	<b>Training method</b>	<b>Lecturer</b>
09.30-10.00	Registration of participants and entrance test		
10.00-10.45	Medical water and peloid – up-to-date classification. Balneological potential of Banja Koviljaca	lecture	Aleksandar Jokic
10.45-11.30	Balneotherapy – indications in dermatology. Chemical, thermal, mechanical and immunomodulatory effect of mineral water and peloid in the treatment of skin diseases	lecture	Mirjana Milinkovic
11.30-11.45	Coffee break		

11.45-12.45	Psoriasis vulgaris – frequency, etiopathogenesis, range of clinical presentations, clinical assessment /scoring/ and treatment possibilities in the light of 21 <sup>st</sup> century	lecture	Mirjana Milinkovic
12.45-13.30	Arthritis psoriatica – diagnostics, clinical course and treatment	lecture	Djunajder Kerimovic - Morina
13.30-13.50	Significance of balneotherapy and other physical treatment modalities in patients with psoriatic arthritis	lecture	Zoran Grujic
13.50-14.15	Lunch break		
14.00-15.00	Dermatitis atopica and other forms of eczema in children and adults – frequency, etiopathogenesis, diversity of clinical manifestations and modern therapy approach /treatment algorithms/ - topical, systemic treatment and balneotherapy	lecture	Mirjana Milinkovic
15.00-15.45	Indications and contraindications for peloid application in children	lecture	Negosava Stojkovic
15.45-16.00	Coffee break		
16.00-17.00	Acne vulgaris, Rosacea – dermatoses exposed to other's look: treatment possibilities and significance of proper face skin care by using dermatological preparations containing thermal water	lecture	Mirjana Milinkovic
17.00-17.45	Face and body skin care treatments in "Kovilje" wellness center, based on preparations containing thermal water	lecture	Snezana Vasic
17.45-18.00	Coffee break		
18.00-18.15	Reports from physiatrist practice: Arthritis psoriatica – case report, application of complex physical treatment and long term follow-up	lecture	Zoran Grujic
18.15-18.45	Reports from literature and dermatologist practice: experience in the treatment of skin diseases by using sulphuric mineral water, peloid and phototherapy	lecture	Mirjana Milinkovic
18.45-19.15	Output test, lecture evaluation		
19.15-19.30	Closing word and certificate award		