

#### FRIDAY, MAY 14TH & SATURDAY, MAY 15TH

# Dre-Summit Options Open to All

#### Sapanca, Turkey

## Optional Stay at Richmond Nua Wellness Spa

Just one hour away from Istanbul, Richmond Nua Wellness Spa is located right on Lake Sapanca, a perfect location for relaxation. At Richmond Nua, the spa philosophy is an expression of well-being, emotion, and lifestyle, and expertly combines wellness features from all over the world.

Richmond Nua is pleased to offer a daily rate inclusive of a superior room, buffet breakfast, massage, dinner and round-trip airport transfer. Delegates are invited to use the facilities in the Nua Wellness Spa Center: Wellness & SPA Lounge, Adventure Snail Showers, Ottoman Steam Bath, Aqua Cave Adventure Shower, Herbal Steam Bath, Sole Salt Inhalation Bath, Loft Sauna, Lacanium, Tepidarium, Relax Room with Heated Ceramic Benches, Ice-Grotto, Unique Jacuzzi Pool with Salt Water, Activity Pool with Several Water Attractions, Relax Room with Heated Water Beds, Relax Area with Luminous Night Heaven, Professionally Equipped Fitness Center, Beauty Center, Solarium.

For more information or to book your stay at Richmond Nua Wellness Spa, please contact mervek@richmondhotels.com.tr or +90 216 445 46 40.

#### SUNDAY, MAY 16TH

## \*All Sunday activities are complimentary for delegates\*

#### 9:00am - 3:00pm

Meet in the Kempinski Çırağan Palace Lobby at 8:45am

#### 4:30pm - 6:30pm

Meet in the Kempinski Çırağan Palace Lobby at 4:15pm OR meet us there on your own via taxi

#### 7:30pm - 9:30pm

Meet in the Kempinski Çırağan Palace Lobby at 7:15pm OR meet us there on your own via taxi

## Taste of Istanbul City Tour

Visit to the Blue Mosque, Hagia Sophia, Topkapı Palace + Harem Hamam, and Spice Market. Lunch will be served at the famous Konyalı Restaurant inside the Topkapı Palace. The bus will depart and return from the Çırağan Palace Kempinski Hotel lobby.

## Experience the Authentic Cagaloglu Hamam

A visit to Istanbul (and Turkey) wouldn't be complete without experiencing the authentic Turkish hamam. The hamam experience will take delegates into the rich history of Turkey's spa culture at one of the oldest, authentic hamams in the city, built in 1741.

## Swissotel Cocktail Reception & Amrita Spa Tour

Hosted by Gerhard Struger, GM, Swissotel, the Bosphorus, with Anne McCall Wilson, VP of Spas, Fairmont Raffles Hotels International, and Elmar Nagele, CEO, Thermarium.

Join fellow delegates at the Swissotel's Amrita Spa for cocktails and go behind the scenes of one of Istanbul's finest hotel spas. The spa, including the exquisite hamam, was designed by platinum sponsor Thermarium.

#### MONDAY, MAY 17TH

# Official Summit Program.

8:30am Iznik Room Kempinski Hotel

9:00am - 6:00pm Outside Mayben Room

10:00am - 1:00pm Mayben Room Çırağan Palace

### Board of Directors Pre-Summit Breakfast

### Conference Check-In

"Spa of the Future" Pre-Summit Student Architectural Competition Sponsored by Mandara Spa, a division of Steiner Leisure

#### Student teams presenting from:

Istanbul Technical University (Istanbul, Turkey)
Yuksel Demir, Department Head, Department of Fine Arts, and Belkis Uluoglu, Department of Fine Arts

University of Southern California (Los Angeles, California) Richard Corsini, Principal, Corsini Architects, U.S.

## **Judging Panel:**

Renate Brune, CEO, Alt Madlitzer Muhle GmbH, Germany Anthony DiGuiseppe, President/CEO, DiGuiseppe Architect, U.S. Paul Jones, COO, One&Only, U.K. Jeff Matthews, President & COO, Mandara Spa, Indonesia Elmar Nagele, CEO, Thermarium, Austria Oktay Orhon, Board Member, Richmond Hotels, Turkey Audience votes (count as one)

1:00pm - 2:00pm Gazebo Lounge Judges "Deliberating" Lunch

2:00pm - 3:00pm

Pre-Summit Bridge Building Sessions Round 1
These are informal pre-Summit gatherings open to all delegates who would like to meet and exchange ideas on a particular subject with the common goal of improving performance for the spa and wellness industry as a whole.

Bosphorus Room

Financial Benchmarking and Data Exchange

Led by Philippe Bourguignon, CEO, Revolution Places, U.S./France, kicking things off with Peter Anderson, Founder & President, Anderson & Associates, U.S.; Paul Arnold, Principal, Ernst & Young Middle East, UAE.; Filip Boyen, COO, Orient Express, U.K.; Jan Freitag, VP of Global Development, Smith Travel Research, U.S; and Kenneth Kpodo, COO, Allure Africa, Ltd, Ghana

Yildiz A

Changing Trends in Demand: What are Consumers Asking for?

Led by Cathy Feliciano Chon, Founder & Managing Director, Catchon & Co., Hong Kong, kicking things off with Dzigbordi K. Dosoo, CEO, Allure Africa, Ghana; JC Kapur, Co-founder, JCKRC & Co., India; and Stephanie Perrone Goldstein, Director, Spa Consumer Research, U.S.

Yildiz C

Successful Wellness Tourism: Who Does it Right?

Led by Terry Stevens, Phd, Managing Director, Stevens & Associates, U.K., kicking things off with Eva-Maria Adamer-Konig, Principal, FH JOANNEUM, University of Applied Science, Austria; Gerard Bodeker, Professor, University of Oxford Medical School, Malaysia; and Tamas Varhelyi, Phd, Professor, Szolnoki Foiskola, Hungary

3:00pm - 4:00pm Mayben Room

Speaker/Moderator/Panelist Logistics Meeting

**3:00pm - 4:00pm** Yildiz B Briefing for Members of the Press

4:00pm - 5:00pm

Pre-Summit Bridge Building Sessions Round 2

These are informal pre-Summit gatherings open to all delegates who would like to meet and exchange ideas on a particular subject with the common goal of improving performance for the spa and wellness industry as a whole.

Bosphorus Room

How Can Healthcare and Wellness Converge?

Led by Dr. Geraldine Mitton, Independent Wellness Consultant, South Africa, kicking things off with Jeff Butterworth, Wellness Director, Jumeirah, UAE; Dr. Roberta Lee, Vice Chair, Department of Integrative Health, Continuum Center for Health & Healing at Beth Israel Hospital, U.S.; Paul Lehr, President, Pritikin Longevity Center & Spa, U.S.; Dr. Ken Pelletier, Medical Doctor, U.S.; and Andreas Wieser, Principal, Lanserhof, Austria

Yildiz A

Leveraging Technology for Greater Market Share

Led by Lopo Champalimaud, Co-founder, Wahanda, U.K., kicking things off with Brigitte Diem-Guy, General Manager, Spa Soft, Par Springer Miller Systems, Canada; Daniel Lizio-Katzen, Managing Director, SpaBooker, U.S.; Thomas Roessler, Managing Director, TAC Reservation Assistant, Austria; and Marc Smith, Chief Social Scientist, Connected Action Consulting Group, U.S.

#### Yildiz C

## Marketing Partnerships & Alliances: What Industries Can Come Together?

Led by Sallie Fraenkel, COO, SpaFinder, Inc., U.S., kicking things off with Anne Biging, Managing Director, Healing Hotels of the World, Germany; Alfredo Carvajal, Senior Vice President, Universal Companies, U.S.; James Chenevey, CEO, Earthlite/Living Earth Crafts, U.S.; Polly Johnson, CEO, SpaEquip, U.S.; Tracey Sameyah, President, Murad Inclusive Health, U.S.; and Todd Walter, CEO, Red Door Spa Holdings, U.S.

## **5:00pm – 6:00pm** Mayben Room

## All About Turkey! A Picture of the Exciting Spa, Thermal, Wellness, and Medical Tourism Scene

Mehmet Kabas, President, Promet Spa and Wellness, Turkey Dr. Zeki Karagulle, President, International Society of Medical Hydrology and Climatology, Turkey Belgin Aksoy, Board Member, and Umit Atalay, General Manager, Richmond Nua Wellness Spa, Turkey

## **6:30pm – 7:30pm** Outside Garden Çırağan Palace

## Welcome Cocktail Reception

On the Çırağan Palace grounds, overlooking the Bosphorus Sponsored by Platinum Sponsors, Thermarium and Precor

## 7:30pm - 9:30pm Enderun Room Çırağan Palace

#### Welcome Dinner

Sponsored by Platinum Sponsors, Thermarium and Precor

Welcome: Dulcy Gregory, Associate Executive Director, Global Spa Summit, U.S.

Introductory Remarks: Susie Ellis, President, SpaFinder, Inc. U.S. and Josh McCarter, President Arbitech and Board Member, SpaFinder, Inc. U.S.

Istanbul welcome from H.E. Mr. Ertugrul Gunay, Minister of Culture and Tourism, The Republic of Turkey

Introduction of Key Sponsors:

Levent Demirel, Deputy Director General, The Ministry of Culture and Tourism, Turkey

Elmar Nagele, Thermarium, Austria

Jeff Kohl, Precor, U.S.

Acknowledgement of Board of Directors

Announcement of Student Architectural Competition Winners and presentation of prizes:

Jeff Matthews, President & COO, Mandara Spa, Indonesia

## 9:30pm

Çırağan Bar, Kempinski Çırağan Palace Hotel

## After Dinner Cocktail Gathering

Let's Continue the Conversation... Board of Directors lead the way to Çırağan Bar

#### TUESDAY, MAY 18TH

9:00am - 6:00pm

Exhibition B Garden View Internet Cafe

Sponsored by SpaBooker

9:00am - 6:00pm

Mayben Room

Resource Table

Open to all delegates; Peruse publications and books authored by attending delegates and speakers.

8:30am - 9:00am

Mayben Room

Welcome & Announcements

Overview and 'Speed Intros' with hosts: Susie Ellis, President, SpaFinder, Inc., U.S. and Dr. Franz Linser, Managing Director, Linser & Partner Consulting, Austria

9:00am - 11:00am

Mayben Room

General Session: Keynote Speaker

A View from the Future

Edie Weiner, President, Weiner, Edrich, & Brown, U.S.

11:00am - 11:30am

Exhibition A Bosphorus View **Networking Break** 

Sponsored by SpaSoft

11:30am - 11:40am

Mayben Room

General Session: Snapshot Survey

Audience Response

11:40am - 12:10am Mayben Room

General Session: Global Spa Summit Research

Spas & the Global Wellness Market: Synergies & Opportunities Katherine Johnston, Senior Economist, SRI International

Sponsored by Murad Inclusive Health Center

**12:10pm - 12:35pm** Mayben Room

**12:35pm - 12:45pm** Mayben Room

**12:45pm - 1:00pm** Mayben Room

1:00pm - 2:15pm Enderun Room

## General Session: Research

Report & the Latest in Benchmarking, Hotels & Luxury Spas Jan Freitag, VP of Global Development, Smith Travel Research, U.S.

General Session: Introductions Meet the Afternoon's Research Breakout Session Leaders

General Session: Research Commentary
Why Research is Vital for the Health of our Industry

Dr. Howard Murad, CEO & Founder, Murad, Inc., U.S.

#### Lunch

Tables for six have been set up in the beautiful sea-view Enderun Room. Each table will have a number, the name of the delegate host, and the topic as indicated below. Feel free to decide which topic you would like to discuss during lunch and join that table. Tables will be filled as people arrive and if your first choice isn't available, there should be plenty of other interesting topics to choose from. Hosts will share their expertise as fellow diners join in to ask questions and make comments. This lunch is designed to be casual, fun, and incubate some new ideas!

- 1. <u>An Investor's View of the Spa Industry:</u>
  Anders Moltke-Leth, Molbek Development A/S, Denmark
- 2. <u>Branding and the Internet</u> Crispin Reed, Brandhouse, U.K.
- 3. <u>Childhood Obesity and Spas</u> Joe Gutierrez, Pritikin Longevity Center & Spa, U.S.

- 4. <u>Culinary Innovations and Spa</u>
  MPS Puri, Nira Hotels and Resorts, U.K.
- 5. <u>Culture Clash: Spas and Medicine</u> Dr. Ken Pelletier, U.S.
- 6. <u>Emotional Intelligence</u> Barbara Gavazzoli, [comfort zone], Italy
- 7. Executing on Vision
  Samir Patel, Six Senses, Thailand
- 8. <u>Expressing Beauty through Design</u> Yuji Naito, Kanebo Cosmetics Inc., Japan
- 9. <u>Getting Financing Today</u> David Wickline, Alchemy Ventures Group, U.S.
- 10. <u>Global Hydrotherapy Association Update</u> Rolf Longree, Lux Elements, Germany
- 11. Has the Luxury Consumer Changed? Filip Boyen, Orient Express, U.K.
- 12. <u>Hotel Spa Scene in Istanbul</u> Gerhard Struger, Swissotel Hotels & Resorts, Turkey
- 13. <u>How to Patent Spa Therapies</u> Rekha Chaudhari, JCKRC & Co., India
- 14. <u>Huge Spas, Huge Spa Revenues Las Vegas!</u> Mindy Terry, Creative Spa Concepts, U.S.
- 15. The Latest in Botanicals

  Dr. Roberta Lee, Continuum Center for Health & Healing, U.S.

#### 16. The Latin American Spa Industry

Alfredo Carvajal, Universal Companies, U.S.

#### 17. Market Research

Jared Weiner, Weiner, Edrich & Brown, U.S.

#### 18. Medical Esthetics and Spa

Maria Jose Caldentey, EstheticWorld and EstheticSpa, Spain

#### 19. Medical Tourism

Renee Marie Stephano, Medical Tourism Association, U.S.

#### 20. The Murad/Massage Envy Partnership

Dr. Howard Murad, Murad Inc., U.S.

#### 21. Nutraceuticals in Spa Retail

Jeff Butterworth, Wellness Director, Jumeirah, UAE

#### 22. Spa Manager Compensation Trends

Lori Hutchinson, Hutchinson Consulting, U.S.

#### 23. Retail Lessons from the Recession

Mark Wuttke, the Wuttke Group, U.S.

#### 24. Secrets to Selling Retail

Sean Harrington, Elemis, U.K.

#### 25. Spa Industry in Brazil

Gustavo Albanesi, Buddha Spa, Brazil

## 26. Spa Industry in India

Nisha Javeri, CEO, Myrah Spa, India

#### 27. Spa Industry in Russia

Elena Bogacheva, CEO, SpaPriori, Russia

28. <u>Mobile Application Future</u>
Josh McCarter, COO, Arbitech, and Board Member,

29. Spas and Philanthropy
Marti Morenings, Universal Companies, U.S.

SpaFinder, Inc., U.S.

30. <u>Standards & Practices</u> Anita Rawat Geoghegan, Fáilte Ireland, Ireland

31. <u>Style in Product Design</u>
Davide Bollati, [comfort zone], Davines, Italy

32. <u>Sustainable Spas/Green Spa Network</u> Roberto Arjona, Rancho La Puerta, Mexico

33. <u>Teaching Hospitality to a New Generation</u> Wolf Hengst, Wahanda, U.S.

34. <u>Trends in Fitness and Health Clubs</u>
Ozgur Balta, The Wellness Company, Turkey

35. Q & A on the Future Edie Weiner, Weiner, Edrich & Brown, U.S.

36. Wellness Tourism
Laszlo Puczko, Xellum Management, Hungary

37. What Women Really Want from Spas Daniela Steiner, Steiner Cosmetics, Italy

38. <u>Yoga and Spas: What's the Future?</u>
Monica Barter, COMO Hotels and Resorts, Indonesia

2:15pm - 2:45pm Mayben Room General Session: Keynote Speaker
Healthy Places: Bridging the Spa World & Integrative Medicine
Dr. Ken Pelletier, Clinical Professor of Medicine, U.S. and
Author of New Medicine and The Best Alternative Medicine:
What Works? What Does Not?

**2:45pm - 3:35pm** Mayben Room

General Session: Spas, Health, and Wellness Tourism Wellness Tourism: A Global Perspective & Trends
Terry Stevens, PhD, Managing Director, Stevens & Assoc., U.K.

Past and Present Developments in Wellness Tourism
Laszlo Puczko, Senior Associate, Xellum, Hungary, and Author of *Health and Wellness Tourism* 

**3:35pm - 4:15pm** Mayben Room

## General Session: Highlight on Hammams/Hamams

**History: Aysegul Sungur,** PhD, Managing Director, Promet Spa & Wellness, Turkey

Today: Elmar Nagele, CEO, Thermarium Baeder-Bau GmbH, Austria

Insights: Delegates with experience in hammams/hamams from:

Barr + Wray, Dubai UAE
Blue Spas Inc.,U.S.
Design for Leisure, U.K.,
GeoSpa, Germany GmbH, Germany
Hammam Consultants, LLC, U.S.
Harboss LLC, U.S.
Haslauer GmbH, Germany
Hygromatik GmbH, Germany

Klafs, GmbH, Germany Lux Elements GmbH & Co. Kg, Germany Schletterer Int'l Group, Austria Sommerhuber GmbH, Austria Unbescheiden GmbH, Germany

4:15pm – 4:45pm

Tarihi Hamam

Networking Break

Visit to Ancient Tarihi Hamam

Sponsored by SpaSoft

4:45pm - 5:30pm

Concurrent Research Breakout Sessions

Bosphorus Room

Spa Industry Benchmarking Figures 2009

Paul Arnold, Principal & Head of Hospitality & Leisure -Middle East & Africa, Ernst & Young, UAE Nikita Sarkar, Senior Consultant - Spa Industry Specialist,

Ernst & Young, UAE/U.S.

Simal C

New Priorities of Today's Spa Consumers 2009

Stephanie Perrone Goldstein, Director, Spa Consumer

Research, Coyle Hospitality, U.S.

Yildiz C

The Maze of Medical Tourism Data and Introducing Retirement Tourism

Renee Stephano, President, Medical Tourism Association, U.S. David Vequist, PhD, Founder & Director, Center for Medical

Tourism Research, U.S.

#### Yildiz A

## Global Fitness Report

Moderator: Wendy Bosalavage, President, American Leisure, U.S. Presentation: Jeff Kohl, Director of Business Dev, Precor, U.S. Additional Panelists:

Concurrent Research Breakout Sessions Continued

Ozgur Balta, CEO, The Wellness Company, Turkey Keith Burnet, Global VP, Fitness & Spa, Hilton Worldwide, U.K. Pav Mahal, PhD, Chairman, GeoSpaFitness Ltd (South Asia) and GeoSpa GmbH (Germany), U.K.

## 5:30 pm - 7:30 pm

## Free/Networking Time

#### 7:30pm - 8:30pm

Meet at the Kempinski Çırağan Palace Boat Dock, pool side, for a 7:30pm departure Short Sunset Cruise on the Bosphorus with Cocktails and Conversation

#### 8:30pm – 10:30pm

## Dinner Event at the Award-Winning Les Ottomans Hotel

Sponsored by Clarins

Return transportation to the Kempinski Çırağan Palace OR rendezvous on your own by foot or by taxi to the chic party district nearby on the European side of the Bosphorus Strait

Les Ottomans was voted Europe's Leading Boutique Hotel 2009 and Turkey's Leading Boutique Hotel 2008 by the World Travel Awards.

Optional Tour of Caudalie Vinothérapie® Spa at Les Ottomans

#### WEDNESDAY, MAY 19TH

9:00am - 6:00pm

Exhibition B Garden View Internet Cafe

Sponsored by SpaBooker

9:00am - 6:00pm

Mayben Room

Resource Table

Open to all delegates, featuring publications and books authored by attending delegates and speakers

8:30am - 9:00am

Mayben Room

Welcome & Announcements

With your Hosts: **Dzigbordi Dosoo**, CEO, Allure Africa, Ghana **Susie Ellis**, President, SpaFinder, Inc., U.S.

9:00am - 10:00am

Mayben Room

General Session: Panel

Architecture & Design for the Future

Moderator: Richard Corsini, Principal, Corsini Architects, U.S.

'Spa of the Future' Architectural Model

Student Winner

Medical and Spa of the Future

Heinz Schletterer, CEO, Schletterer Wellness, Austria

Trends in Green and Sustainable Design

Anthony DiGuiseppe, President & CEO, DiGuiseppe

Architect, U.S.

10:00am - 10:30am

Mayben Room

General Session: Keynote Speaker

Year 2025: What's Next

Philippe Bourguignon, CEO, Revolution, France/U.S.

10:30am - 11:00am

Mayben Room

11:00am - 11:30am

Exhibition A Bosphorus View

11:30am - 12:30pm

Yildiz A

Bosphorus Room

General Session: Keynote Speaker

Real Hospitality

Ahu Aysal, Owner, Les Ottomans Hotel, Turkey

Networking Break

Sponsored by Sodashi

Concurrent Breakout Sessions

Wellness Tourism Case Studies: Finland & North America

Moderator: Terry Stevens, PhD, Managing Director, Stevens & Assoc., U.K.

The ILIS Project – a Trans European Study

Susanna Saari, Turku University of Applied Sciences, Finland

North America

Kimberly Goins, Masters Student, Ecole Hoteliere de Lausanne, Switzerland

Bridge to a Huge Opportunity: Spa Retail

Moderator: Edie Weiner, President, Edrich, Weiner & Brown, U.S.

With: Davide Bollati, Chairman, [comfort zone] Davines, Italy

Sean Harrington, Managing Director, Elemis, U.K.

Megan Larsen, Founder, Sodashi, Australia

Michael Schummert, CEO, Babor, France

Ghislain Waeyart, Director of Spa Activities, Clarins, France

Yildiz C

## Bridging Spa & Medicine, Fitness, Nutrition & Integrative Health

Moderator: Dr. Roberta Lee, Vice Chair Dept. of Integrative Medicine, Continuum Center for Health & Healing, U.S. With: Paul Lehr, President, Pritikin Longevity Center & Spa, U.S. Dr. Howard Murad, CEO & Founder, Murad, Inc., U.S. Dr. Ken Pelletier, Clinical Professor of Medicine, U.S. Andreas Wieser, Principal, Lanserhof, Austria

Simal C

## Are Global Standards & Practices Desirable? Possible? Doable?

Moderator: Jennifer Ng, Director, Business Dev, Spa Botanica, Singapore

With: Belgin Aksoy, Board Member, Richmond Nua

Wellness Spa, Turkey

**Sharon Ullrick**, Manager, Leading Spas, Leading Hotels of the World, U.S.

Christina Nantan M

Christina Norton, MBA Program Director, Ecole Hoteliere de Lausanne, Switzerland

**Barry White**, Director of Spa Operations, Langham Hotels International, Hong Kong

**12:30pm - 1:45pm** Enderun Room

## Networking & Gratitude Luncheon

**1:45pm - 2:30pm** Mayben Room General Session: Keynote Speaker

The Very Latest in Technology & Social Networking Marc A. Smith, Chief Social Scientist, Connected Action

2:35pm - 3:15pm Mayben Room General Session: Panel

Build a Bridge! Social Media is now Mainstream.

Are You Collaborating with Your Customers?

Moderator: Anne McCall, Vice President of Spas, Fairmont

Raffles Hotels Intl, Canada

Participants:

Alison Bell, Founder & Managing Director, Spa Ireland, Ireland

Lopo Champalimaud, Co-founder, Wahanda, U.K.

Dr. Howard Murad, CEO & Founder, Murad, Inc., U.S.

Daniel Lizio-Katzen, Managing Director, SpaBooker, U.S.

Kevin Turnbull, Chief Executive, SpaFinder EMEA, U.K.

3:15pm - 3:45pm

Exhibition A
Bosphorus View

**Networking Break** 

Sponsored by Sodashi

3:45pm - 4:00pm

Mayben Room

General Session: Snapshot Survey

Audience Response

4:00pm - 4:40pm

Mayben Room

General Session: Delegates Deliberate

Prioritizing Bridges Worth Building

Dzigbordi Dosoo, CEO, Allure Africa Ltd, Ghana

**Dr. Franz Linser,** Managing Director, Linser & Partner

Consulting, Austria

4:40pm - 5:00pm

Mayben Room

General Session: Closing Remarks

Go To It!

Edith Weiner, President, Weiner, Edrich & Brown

5:00pm

Mayben Room

Champagne Toast

with GSS Board of Directors and 2010 Summit Sponsors

#### THURSDAY, MAY 20TH

# Post-Summit Options Open to All

\*All Thursday activities are complimentary for delegates\*

#### 8:30am

Iznik Room Kempinski Hotel

#### 7:30am - 9:00pm

Meet in the Kempinski Çırağan Palace Lobby

#### Board of Directors Post-Summit Breakfast

## Option 1: Thermal and Spa Tourism Day

With your hosts: Dr. Zeki Karagulle, President, Intl. Society of Medical Hydrology & Climatology, Turkey, and Camille Hoheb, Principal, Global Spa & Wellness, U.S.

07:30: Meet in the Kempinski Çırağan Palace lobby

08:30: Departure from Yenikapı Port to Yalova by sea bus

09:40: Arrival in Yalova

10:45: Arrival in Bursa

11:00: Visit Bursa Osmangazi-Orhangazi Mausoleum, Grand Mosque & Green Tomb

13:00: Iskender kebab lunch at the Botanic Park

14:00: Visit Uludag University Atatürk Rehabilitation & Balneotherapy Center

14:30: Visit Kervansaray Thermal Hotel and experience the traditional Turkish thermal bath

16:00: Visit Marigold Hotel and Pithia Thermal Spa Center

17:00: Tea and refreshments at cafe house at Historical

Sycamore Inkaya with a view of Bursa

#### THURSDAY, MAY 20TH

18:00: Departure to Yalova from Bursa by bus

19:30: Departure from Yalova by sea bus 21:10: Arrival in Istanbul (Yenikapı Port)

8:30am - 4:00pm Meet in the Kempinski Çırağan Palace Lobby

## Option 2: Istanbul Medical Tourism Day

Experience fisrt-hand why Turkey is uniquely positioned to impact the global healthcare industry. Learn from your host Basak Gursoy, Public Relations, BSK Lara Hospital, Turkey while visiting Acibadem Hospital, one of Turkey's leading healthcare groups operating 20 medical facilities, and Dent Istanbul, a dental treatment facility. Also included are Etiler-World Eye Centers, "the biggest private eye hospital in the world," and TransMed medical center for state-of-the-art hair transplantation.

08:30: Meet in the Kempinski Çırağan Palace Lobby

09:00: Depart

09:30: Arrival at Acibadem Hospital

11:30: Arrival at Dent Istanbul

12:30: Lunch: Vogue Restaurant

13:15: Arrival at World Eye Center (Etiler branch)

12:30: Arrival at TransMed

16:00: Return to Kempinski Çırağan Palace

## THURSDAY, MAY 20TH & FRIDAY, MAY 21ST

## Sapanca, Turkey

## Optional Stay at Richmond Nua Wellness Spa

Just one hour away from Istanbul, Richmond Nua Wellness Spa is located right on Lake Sapanca, a perfect location for relaxation. At Richmond Nua, the spa philosophy is an expression of well-being, emotion, and lifestyle, and expertly combines wellness features from all over the world. For more information about the offer at Richmond Nua Wellness Spa, please visit the pre-Summit options page at the beginning of the agenda section.

#### SPA AROUND ISTANBUL, MAY 15-22

The following spas in Istanbul have graciously extended invitations to delegates to visit either before, or after, the Summit - Saturday the 15th through Saturday the 22nd. Delegates are invited to enjoy spa treatments at a reduced rate, as well as take advantage of spa tours.

## Amrita Spa & Wellness at the Swissotel, the Bosphorus

For reservations, call +90 212 326 1100 or e-mail amrita.istanbul@swissotel.com

## Caudalie Vinothérapie® Spa at Les Ottomans Hotel

20% discount on all Caudalie Vinothérapie treatments 50% discount on a daily pass (normally 65 euros) For reservations, call +90.212.359.3334 or e-mail spa@lesottomans.com.tr

## Laveda Spa at the Ritz-Carlton, Istanbul

30% discount on all spa treatments
For reservations, call +90.212.334.4444 or e-mail bulent.tuysuz@ritzcarlton.com

## Sanitas Spa at the Çırağan Palace Kempinski Istanbul

20% discount on all spa treatments
For reservations, call +90.212.326.4646 or e-mail Çırağan@thesanitas.com

## Spa at the Four Seasons at the Bosphorus

15% discount on all spa treatments
For reservations, call +90.212.381.4160 or e-mail viviana.quesada@fourseasons.com

## Su Spa and Wellness Center

\$55 USD treatments (more than a 50% discount) for massage (Thai, Bali, Lomi Lomi Nui, Shiatsu, Ayurveda, Jari Minari, Pearl of Water Signature), traditional Turkish Hammam, organic body care, or VIP couple's treatment.

For reservations, contact Ms. Asli Altinok, +90 535 486 85 03 or aaltinok@su-spa.net