

# 14<sup>th</sup> INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

Vienna, 10-12 December, 2014

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## FINAL PROGRAMME





## DATES TO REMEMBER

## 26 September 2014

DEADLINE FOR ABSTRACT SUBMISSION

## 08 October 2014

## EARLY BIRD REGISTRATION

## IMPORTANT ADDRESSES

## **Organizing Secretariat:**

PUBLI CRÉATIONS - 74, Bd d'Italie - 98000 Monte-Carlo - Monaco

Ph. +377 97973555 - Fax +377 97973550

E-mail: ifmad@publicreations.com - Website: www.ifmad/2014/.org

## **Congress Venue:**



Hotel HILTON - Am Stadtpark 1, 1030 Vienna, Austria

Tel: 43-1-717000 Fax: 43-1-7130691

Please visit our website for further information

www.ifmad.org





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## SCIENTIFIC COMMITTEE

## Chairman

Siegfried Kasper (Austria)

## **Co-Chairman**

Stuart Montgomery (United Kingdom)

## **Scientific Advisers**

C.A. Altamura (Italy), D. Baldwin (United Kingdom), B. Bandelow (Germany), M. Bauer (Germany),
J. Den Boer (The Netherlands), T. Dinan (Ireland), E. Eriksson (Sweden), N. Fineberg (United Kingdom), S.H. Kennedy (Canada), D. Lecic Tosevski (Serbia), J.P. Lépine (France), A.A. Mathé (Sweden), H.J. Möller (Germany), S. Pallanti (Italy), Z. Rihmer (Hungary), A. F. Schatzberg (USA),
A. Serretti (Italy), D.J. Stein (South Africa), T. Suppes (USA), T. Svensson (Sweden), E. Vieta (Spain),
D. Winkler (Austria), S. Yamawaki (Japan), A. Young (UK), J. Zohar (Israel)





## WELCOME LETTER

To all prospective delegates,

We are delighted to invite you to the International Forum on Mood and Anxiety Disorders (IFMAD) clinical update meeting to be held from 10 to 12 December 2014 in Vienna.

IFMAD has developed the reputation over many years of being the most interactive, stimulating and productive educational meeting in its field in Europe. It is accredited for continuing medical education. In a friendly atmosphere difficult clinical challenges are dissected, discussed and reformulated with high ranking experts to achieve the best evidence based path to treatment in depression, anxiety and bipolar disorder. This year we have, as you requested, increased the number of expert clinical interactive sessions. To avoid bias our educational programme is completely independent of pharmaceutical support.

This year's topics include advances and updates in the treatment of depression, treatment resistant depression, OCD and anxiety disorders, treatment resistant GAD, borderline disorder, bipolar disorder, bipolar depression, psychotic depression and the possible link of resistant depression to bipolarity. Topics for interactive clinical sessions, which all delegates are expected to attend, include managing non-response in depression, anxiety with comorbidity, treating bipolar mixed states, managing suicidal risk, managing schizoaffective disorder, and discussions on the best treatment of depression, anxiety and bipolar disorder.

We hope you will join us again in December 2014 to share your knowledge with your colleagues in a friendly learning environment.

Siegfried Kasper

Chairman



Stuart Montgomery

Studi hotyon

Co - Chairman







## SCIENTIFIC PROGRAM - Wednesday, 10 DECEMBER 2014

14.30 – 16.00 SO 01 RECENT ADVANCES IN DEPRESSION

Chairs: S. Montgomery (UK) – D. Baldwin (UK)

14.30 - 15.00SO 0101 Treating depression with anxiety

Siegfried Kasper (Austria)

15.00 – 15.30 SO 0102 Treating depression following stroke

Stuart Montgomery (UK)

15.30 – 16.00 SO 0103 Novel Mechanisms as Adjunctive Treatment in depression

Torgny Svensson (Sweden)

> Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

16.00–16.30 COFFEE BREAK

**16.30 – 17.30 EXPERT CLINICAL UPDATE 1** Chair: S. Kasper (Austria)

Managing Suicide Risk

David Baldwin (UK) – Zoltan Rihmer (Hungary)

#### 17.30–18.00 DISCUSSION ON THE SURVEY

#### Hot Topics in Mood and Anxiety Disorders Management

Chairs: S. Montgomery (UK) – S. Kasper (Austria)

18.00–19.00 OPENING RECEPTION





## SCIENTIFIC PROGRAM - Thursday, 11 DECEMBER 2014

09.00 – 10.30 SO 02 ADVANCES IN THE TREATMENT OF ANXIETY

Chairs: T. Dinan (UK) – S. Pallanti (Italy)

09.00 – 09.30 SO 0201 Treating comorbid OCD

Stefano Pallanti (Italy)

09.30 – 10.00 SO 0202 Treating Resistant GAD

David Baldwin (UK)

10.00 – 10.30 SO 0203 Advances in treatment of borderline disorder

Borwin Bandelow (Germany)

- > Please note that a 5' discussion with the speaker is foreseen at the end of each presentation
- 10.30-11.00 **COFFEE BREAK**

11.00 – 12.00 SCIENTIFIC UPDATE 1

Ketamine analogues in Depression

Chairs: S. Kasper (Austria) – E. Vieta (Spain)

Is there a place for ketamine analogues in depression? *Torgny Svensson (Sweden)* 

#### **Esketamine in depression**

Joseph F. Hulihan (USA)

**12.00 – 13.00 EXPERT CLINICAL UPDATE 2** Chair: B. Bandelow (Germany)

**Treating Bipolar mixed States** 

Eduard Vieta (Spain) - Ted Dinan (UK)

13.00–14.00 POSTER SESSION & LUNCH





## SCIENTIFIC PROGRAM - Thursday, 11 DECEMBER 2014

**14.00 – 15.30** SO 03 ADVANCES IN THE TREATMENT OF BIPOLAR DISORDER

Chairs: S. Pallanti (Italy) – T. Svensson (Sweden)

14.00 – 14.30 SO 0301 Is resistant depression a signal for bipolarity ?

Zoltan Rihmer (Hungary)

14.30 – 15.00 SO 0302 Treatments of psychotic unipolar and bipolar depression

Stuart Montgomery (UK)

15.00 – 15.30 SO 0303 New Treatments for bipolar disorder

Eduard Vieta (Spain)

> Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

15.30 - 16.00 COFFEE BREAK

**16.00 – 17.00 EXPERT CLINICAL UPDATE 3** Chair: Z. Rihmer (Hungary)

Myths and truths in treating non response in depression

Alessandro Serretti (Italy) – Stuart Montgomery (UK)

**17.00 – 18.00 EXPERT CLINICAL UPDATE 4** Chair: A. Serretti (Italy)

How to treat anxiety with comorbidity

Stefano Pallanti (Italy) – Borwin Bandelow (Germany)





## 14th INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

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## SCIENTIFIC PROGRAM - Friday, 12 DECEMBER 2014

09.30 - 11.00	SO 04 ADVANCES IN TREATMENT OF DEPRESSION
	Chairs: T. Dinan (UK) – S. Montgomery (UK)
09.30 - 10.00	SO 0401 Evidence Based markers and an algorithm for

treatment of depression

Alessandro Serretti (Italy)

10.00 - 10.30SO 0402 Glutaminergic Approaches in depression

Ted Dinan (UK)

10.30 - 11.00SO 0403 New Treatments for Bipolar Depression

Alan Young (UK)

> Please note that a 5' discussion with the speaker is foreseen at the end of each presentation

#### 11.00 – 11.45 PANEL DISCUSSION

**Best Treatments for depression/Anxiety/Bipolar Disorder** 

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- 11.45 12.00 CLOSING REMARKS AND POSTER AWARD
- 12.00 FAREWELL COFFEE





AD Vienna, 10-12 December, 2014

## SCIENTIFIC INFORMATION

#### **Audio-Visual**

Equipment for computerized Power Point presentation will be provided during the scientific sessions. Power Point presentations, CD-Rom or USB keys can be viewed and tested prior to presentation at the Speakers' Corner and must be handed over to the room technicians at least forty minutes before the beginning of the sessions and collected directly by the speakers immediately after. It is essential for the smooth running of the sessions that all Speakers hand in their presentation in due time.

#### **European Accreditation**

An application has been made to the EACCME® for CME accreditation of this event.

## **Certificate of Attendance**

A certificate of attendance will be sent by e-mail to all participants at the end of the congress.

#### **Posters**

Abstracts will be selected for poster display by the Scientific Committee. Posters (at a maximum height of 150 cm and 90 cm base) will be displayed in the Congress area of the Hilton Hotel from Wednesday, 10 December 2014 to Friday, 12 December 2014. Poster material must be prepared in advance and should be large enough to be viewed at a distance of 2 m. Drawings and charts should be clear and simple. Posters should be attended by the authors themselves, in order to view and discuss them during lunchtime and coffee breaks and a special poster session is scheduled on Thursday from 12.15 to 13.00. The Best Posters will be selected by the Scientific Committee and the Poster Prizes will be announced during the final wrap up at 11.45 on 12 December 2014.

#### **Call for Abstracts**

#### Deadline for submission: 26 September 2014

Authors presenting abstracts must be registered participants. Posters will not be displayed from unregistered authors. The corresponding author should be identified. Abstracts, which must be written in English and should be submitted electronically to: <u>www.ifmad.org/2014</u>.





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## ABSTRACT SUBMISSION FOR ORAL POSTER PRESENTATIONS

- > Abstracts may only be submitted exclusively online via the congress website.
- Abstracts must be submitted on or before the closing date, 26 September 2014. The organizers reserve the right to reject any abstract for failure to comply with submission instructions mentioned on the congress website.
- > Please note that late submissions will not be considered.
- It is possible to submit more than one abstract. However, only one presenting author per abstract is permitted.
- Please ensure that your abstract does not contain spelling, grammatical or scientific errors. It is the author's responsibility to submit a correct abstract. Changes to abstracts can only be accepted up until the deadline using your Personal Page. Any errors in spelling, grammar or scientific fact may be reproduced as typed by the author, if accepted. No corrections are possible after the submission deadline. The abstract will be reproduced exactly as submitted. No proofreading will be done.
- The presenting author must accept full responsibility for the content, submission and presentation of the abstract, and retains full copyright of his abstract and presentation. By submitting an abstract, authors give consent and authorize the organizers to publish or submit for publication their abstract, presentation, picture and biography, and to include them in any congress printed or electronic publications.
- Submitters can go back and make changes to an abstract submitted when it is as a draft copy until the deadline. However, please note that finalized abstracts cannot be edited after approving the drafts.
- Notification on acceptance of the abstract(s) will be e-mailed by 1<sup>st</sup> October 2014 and authors must register for the congress and pay the registration fee before 10 October 2014 in order to confirm their presentation. Failure to do this could result in losing your presentation.
- Acknowledgement of receipt of the submission will be sent to the stated mail address under section "Personal details". The corresponding author will receive all correspondence concerning the abstract and is responsible for informing the other authors of the status of the abstract.
- Conflict of Interest/Disclosure: Work submitted for presentation must include an acknowledgement of any commercial funding source. Authors should declare all commercial interests.
- All studies must have been approved by institutional committees on ethics of experimental and human investigations. All accepted abstracts will be considered as applicants to the Scientific Research Awards for Oral / Poster Presentations discussed during the Poster Session scheduled on Friday, 12 December 2014.
- Abstracts should be written in English and the complete abstract must not exceed the box space (320 words).





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- Structured abstracts are mandatory stating clearly the Background/Aims, Methods, Results and Conclusions.
- We recommend submitters to prepare the text in a word processing program (e.g. Microsoft Word) and then copy-paste the final text into the online abstract submission form.
- > If you have any questions regarding abstracts please contact:

## ifmad@publicreations.com







14th INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

Vienna, 10-12 December, 2014

## **REGISTRATION AND PAYMENT**

#### Registration

Please register as early as possible in order to benefit from the Early Registration Fee. Registrations can be made directly through our website www.ifmad.org/2014 (on-line payment by credit card is in a secure certificate mode) or by filling up the Registration Form enclosed in this program. Please note that registration will only be confirmed once payment has been received. An invoice, that will serve as a confirmation letter of registration, will be sent to all delegates upon receipt of their payment.

#### Registration Fees (plus Austrian VAT 20%)\*\*

#### FEE Before After Late 08 October 2014 After 05 December 2014 08 October 2014 until 05 December 2014 and on site AREA 1 € 410 € 460 € 580 (Canada, North America, Europe Region, South Pacific) AREA 2 € 330 € 480 (Mexico, Central America, Caribbean Region, € 375 South America, Middle East) AREA 3 (Africa, Asia) € 285 € 350 € 450 TRAINEES\* € 180 € 235 € 300

#### Registration fee (+ VAT 20%)

\* Please, provide certification

\*Please, provide certification - \*\* In case of modifications in VAT or city tax established by the Austrian Authorities, Publi Créations reserves the right to inform the Client and readjusts quotes.

## **Registration fee includes:**

Attendance to the Main Scientific Session • Opening Ceremony • Welcome Reception • Lunch and Refreshments during breaks • Congress kit • Entrance to the Exhibition.

Accompanying fee includes: Welcome Reception /Lunch and Refreshments during breaks.





## HOTEL ACCOMMODATION AND PAYMENT

Hotel	Double room single use Double ro		
	HOTEL HILTON Am Stadtpark 1	€ 195	€ 215

The above mentioned rates are per room per night including tax. Continental breakfast included.

The above rates are in Euro per day and include Continental breakfast, taxes and service fees.

In case of modifications in VAT established by the Austrian Authorities, Publi Créations reserves the right to inform the Client and readjusts quotes.

Deadline for hotel reservation is 08 October 2014. After this date room reservations cannot be guaranteed.

#### **Hotel Reservations**

Hotel rooms can be reserved and booked directly through our website <u>www.ifmad.org/2014</u> (online payment by credit card is in a secure certificate mode) or by filling up the Hotel Accommodation Form enclosed in this program.

Please note that hotel rooms will be confirmed once payment has been received (amount of the entire length of stay). Rooms will be allocated on a first come, first served basis. Invoice which serves as confirmation of your accommodation booking will be sent to you upon receipt of the payment. In case of no-show, the deposit is not refundable and the reservation will be automatically cancelled.

#### Methods of payment :

Payments must be made in Euro by one of the following methods:

□ By Bank Transfer: please transfer the payment to PUBLI CRÉATIONS S.A.M using the following bank details : Bank Julius BAER (Monaco) - 1, avenue des Citronniers - MC 98000 Monaco (MC)
 IBAN: MC 23 1450 8000 0151 0479 3001 D18 - Bic (swift) BAERMCMC
 The payment transfer should be net of all charges to our Company and it should clearly state the "14<sup>th</sup> IFMAD Meeting"

□ By Credit Card: all major credit cards are accepted. Please enter the credit card number and expiration date in the appropriate space on Form.





□ By Internet: <u>www.ifmad.org/2014</u> - where an online Form is available. Payment by credit card is in a secure certificate mode.

## CANCELLATIONS AND REFUNDS

Cancellation or modification of registration and/or hotel bookings must be sent in writing to the Organizing Secretariat Publi Créations (<u>ifmad@publicreations.com</u>):

- ✓ Before 26 September 2014 all fees will be refunded minus 30%. All amounts will be settled after the meeting.
- ✓ After 26 September no refunds will be made.
- ✓ After 8 October all name changes will be invoiced € 36.





## **GENERAL INFORMATION**

The "14<sup>th</sup> International Forum on Mood and Anxiety Disorders" will be held at the Hotel Hilton (Vienna) from 10-12 December 2014.

## Admission

The participant's name badge will be provided at the registration desk. All participants are requested to wear the badge throughout the congress. Only badge holders will be admitted to the appropriate sessions, exhibition and Opening Reception.

## Airport and Transport

## How to reach Vienna:

- **By Air:** Vienna International Airport is located 20 Km from the Hotel Hilton Am-Stadtpark and from the City centre.
- **By Train/ Rail**: There are international services from most Central and Eastern European capitals. Trains from Western part of Europe arrive at the Westbahnhof (West Station). Trains from Southern and Eastern Europe generally arrive at the Südbahnhof (South Station). Smaller train stations are Wien Nord and Franz-Josef Bahnhof.
- By Road:

Austria has an excellent network of roads, with Autobahnen (motorways indicated by an 'A') between major centres and connection to the 'E' trans-European routes.

## How to get to the Hotel:

• **Taxi:** Travelling time from the International Airport via the A1/A2/A4 motorway link to Hotel Hilton is approximately 25 minutes.

Useful numbers: Vienna International Airport:

Infoline +43 7007 22233 (24 hours) - www.viennaairport.com

• **CAT:** The Hilton Vienna Am-Stadtpark has a direct airport connection via the City Airport Train (CAT) opposite the Hotel . The train takes you non-stop from the airport to the heart of Vienna in only 16 minutes. It departs from the railway stations at the airport and Wien-Mitte a few minutes after every hour and every half past.





Example : Departure from Airport to Vienna Center and vice versa:

06.06 06.36 07.06 07.36 08.06 08.36 09.06 09.36

• For public transportation the best ticket to use is the Vienna Card. Tickets are available from tobacconists, advance sale ticket offices of the Vienna Transport Authority and from the machines in the subway stations, trams and buses.



#### Language

The official language of the CongressisEnglish.Nosimultaneoustranslation will be provided.

#### Insurance

The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a







result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.

### Letter of invitation

The Forum Secretariat will be please to send letters of invitation to any individual making such request. A letter of invitation often facilitates the procedure of obtaining a Visa. Please note that the letter is not a commitment on the part of the forum to provide any financial support.

#### Secretariat

The secretariat desk will open on Wednesday, 10<sup>th</sup> December and stay open all through the Congress.

#### Welcome cocktail

All delegates are cordially invited to attend the Welcome Cocktail of the Forum, which will be held on Wednesday, 10<sup>th</sup> December at 18.00 in the Prefunction area of the Hilton Hotel.







14<sup>th</sup> INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS

## REGISTRATION FORM

VIENNA, 10-12 DECEMBER 2014

Please use CAPITAL LETTERS (send back to + 377 97 97 35 50 or ifmad@publicreations.com)			
Surname		Name	
Private Address			
Zip code	City		Country
Phone		Fax	
E-mail			
Institute Address			
Zip code	City		Country
Phone		Fax	
E-mail			
For officers of FEC of	ountrico	Fiend Code ///	AT number

## For citizens of EEC countries

Fiscal Code / VAT number

## Registration fee (+ VAT 20%)

FEE	Before	After	Late
	08 October 2014	08 October 2014 until 05 December 2014	After 05 December 2014 and on site
AREA 1 (Canada, North America, Europe Region, South Pacific)	€ 410	€ 460	€ 580
AREA 2 (Mexico, Central America, Caribbean Region, South America, Middle East)	€ 330	€ 375	€ 480
AREA 3 (Africa, Asia)	€ 285	€ 350	€ 450
TRAINEES*	€ 180	€ 235	€ 300

\* Please, provide certification

#### Accompanying person **□** € 130

I wish to pay by:

Credit Card: Visa 2 Visa 2 Mastercard/Eurocard

Payment shall be made payable to PUBLI CRÉATIONS - Monte-Carlo

Card holder (Surname & First Name)

Card Number

Expiry Date \_\_\_\_\_

Key code

Bank Transfer made out to PUBLI CRÉATIONS (please enclose photocopy of bank receipt)

Bank details: JULIUS BAER (Monaco), 1, avenue des Citronniers, 98000 Monaco (MC)

IBAN MC 23 1450 8000 0151 0479 3001 D18 BIC (swift) BAERMCMC

Clearly State: "14" INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS"

Congress registration	AUTHORISATION OF PERSONAL DATA - PUBLI CRÉATIONS SAM, as data controller and/or processor, informs you that any personal data you provide, or any data received by third parties, will be used in
<ul> <li>€</li></ul>	connection to your participation to the Congress and/or to provide you with information regarding any other compatible activities organized by PUBLI CRÉATIONS SAM or by its partners. Data treatment shall mean any operation, or set of operations, carried out with or without the help of electronic or automated means, and must guarantee the confidentiality and security of your personal data. The PUBLI CRÉATIONS SAM as data controller and/or processor may avail itself of its associates to carry out any of the following procedures: press releases, communicated to clients, data processing and computer-based consultation. The data can be communicated to scientific associations,
TOTAL €	relative public or private agencies related to CME, financial and banking intermediaries, as well as companies participating in the Congress with promotional functions compatible with the purposes
Date: Signature	for which the data has been collected. The provision of your personal data is voluntary, but refusal will prevent your participation in the Congress. According to the law dated December 23, 1993, you shall have a right of access and correction of your personal data. Any requests can be addressed to PUBLI CRÉATIONS SAM - 74, Bd. d'Italie - 98000 Monte-Carlo, MC Monaco - Fax: +377 97 97 35 50. I authorize the treatment and communication of my personal data as described above.



#### 14<sup>th</sup> INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS VIENNA, 10-12 DECEMBER 2014

## HOTEL ACCOMMODATION FORM

#### Please use CAPITAL LETTERS (send back to + 377 97 97 35 50 or ifmad@publicreations.com)

Surname		Name	
Address			
Zip code	City	Country	
Phone		Fax	
E-mail			
Date of arrival		Date of departure	
Type of room		Num. of Person(s)	
Special request			
		ouble room single use	Double room



The above mentioned rates are per room per night including tax. **Continental breakfast included.** Deadline for hotel reservation: **8 October 2014**, requests after this date will be handled upon availability.

Deposit (equal to the price of the entire lenght of stay)	Total €
<ul> <li>I wish to pay by:</li> <li>Credit Card: Visa 2010</li> <li>Payment shall be made payable to PUBLI CRÉATIONS - 1</li> </ul>	
Card holder (Surname & First Name) Card Number	
Expiry Date	Key code

**Bank Transfer** made out to PUBLI CRÉATIONS (please enclose photocopy of bank receipt)

Bank details: JULIUS BAER (Monaco), 1, avenue des Citronniers, 98000 Monaco (MC) IBAN MC 23 1450 8000 0151 0479 3001 D18 BIC (swift) BAERMCMC Clearly State: "14" INTERNATIONAL FORUM ON MOOD AND ANXIETY DISORDERS"



AUTHORISATION OF PERSONAL DATA - PUBLI CRÉATIONS SAM, as data controller and/or processor, informs you that any personal data you provide, or any data received by third parties, will be used in connection to your participation to the Congress and/or to provide you with information regarding any other compatible activities organized by PUBLI CRÉATIONS SAM or by its partners. Data treatment shall mean any operation, or set of operations, carried out with or without the help of electronic or automated means, and must guarantee the confidentiality and security of your personal data. The PUBLI CRÉATIONS SAM as data controller and/or processor may avail itself of its associates to carry out any of the following procedures: press releases, communications to clients, data processing and computer-based consultation. The data can be communicated to scientific associations, relative public or private agencies related to CME, financial and banking intermediaries, as well as companies participating in the Congress with promotional functions compatible with the purposes for which the data has been collected. The provision of your personal data is voluntary, but refusal will prevent your participation in the Congress. According to the law dated December 23, 1993, you shall have a right of access and correction of your personal data. Any requests can be addressed to PUBLI CRÉATIONS SAM - 74, Bd. d'Italie - 98000 Monte-Carlo, MC Monaco - Fax: +377 97 97 35 50. I authorize the treatment and communication of my personal data s described above.

