

THE POWER OF NUTRITION  
FOR THE SMILES OF 10 BILLION PEOPLE



2nd CIRCULAR

INTERNATIONAL UNION OF NUTRITIONAL SCIENCES (IUNS)

22ND IUNS-ICN  
INTERNATIONAL CONGRESS OF  
NUTRITION IN TOKYO, JAPAN  
DECEMBER 6-11, 2022



# THE POWER OF NUTRITION: FOR THE SMILES OF 10 BILLION PEOPLE

## Welcome message

It is my pleasure to announce that the 22nd International Congress of Nutrition (ICN) will be held in Tokyo, Japan, in December of 2022. Although the Congress was originally scheduled for September 2021, the Organizing Committee has decided to postpone the event until December 6th-11th, 2022, in light of the circumstances of the COVID-19 pandemic. ICN is a meeting of the International Union of Nutritional Sciences (IUNS) that takes place every four years, the tenth of which was successfully held in Kyoto in 1975. I would like to add that this occasion also presents an opportunity to celebrate IUNS's Diamond Jubilee, as the first ICN was held in 1946.



Tokyo is the most innovative city in the world, boasting outstanding infrastructure, convenience, cleanliness, and safety. Our venue, the Tokyo International Forum, is a state-of-the-art facility located in the city center. As Chair of the Organizing Committee for the 22nd IUNS-ICN, I assure you that you will benefit not only from the broad scientific knowledge gained at the Congress itself, but that you will also enjoy exposure to Japanese culture, history, and various other forms of entertainment. The secrets—and the great appeal—of the Japanese diet will of course also be of interest to Congress attendees.

The world is currently faced with a variety of issues pertaining to nutrition, including food shortages, malnutrition, population growth, over-nutrition, diversification of dietary habits, threats to food safety, and the aging of society. Japan has tackled all of these issues over a relatively short period of time, devising various means to resolve them, thanks to the ingenuity and flexibility of the people of Japan.

The population of our planet is projected to grow to 10 billion over the course of this century. Nutrition has the power to provide health and happiness to people living today, as well as to future generations, as we head towards the 22nd century. Accordingly, we have chosen as the theme of the congress, "The Power of Nutrition: For the Smiles of 10 Billion People." It is our hope that by bringing all of you from around the world together in Tokyo in 2022, we can engage in valuable discussions on nutritional issues. In addition, we are considering a collaborative project with the Tokyo Nutrition for Growth Summit to be held in December 2021, which we would expect to yield a synergistic effect. The congress will be an ideal opportunity for participants to reaffirm or rediscover their mission to help realize good health and happiness for future generations.

I look forward to welcoming you at the 22nd IUNS-ICN in Tokyo in 2022.

A handwritten signature in black ink that reads "Hisanori Kato".



Hisanori Kato, Ph.D.

Chair, Organizing Committee of 22nd IUNS-ICN



## Program at a Glance (tentative)

	AM	PM	EV
Dec 6 (Tue)	Satellite Symposium	Opening Ceremony Opening Lectures	Welcome Cocktail
Dec 7 (Wed)	Symposium	Luncheon Seminar	
	Plenary Lecture	Symposium   Special Lecture	
	Poster Presentation	Oral Presentation   Sponsored Symposium	
	Exhibition		
Dec 8 (Thu)	Symposium	Luncheon Seminar	
	Plenary Lecture	Symposium   Special Lecture	
	Poster Presentation	Oral Presentation   Sponsored Symposium	
	Exhibition		
	Educational Tour		
Dec 9 (Fri)	Symposium	Luncheon Seminar	
	Plenary Lecture	Symposium   Special Lecture	
	Poster Presentation	Oral Presentation   Sponsored Symposium	
	Exhibition		
	Educational Tour		
Dec 10 (Sat)	Symposium	Luncheon Seminar	Gala Dinner
	Plenary Lecture	Symposium   Special Lecture	
	Poster Presentation	Oral Presentation	
	Exhibition		
Dec 11 (Sun)	Symposium		
	Closing Lecture Closing Ceremony		

## Opening Lectures

1. Serendipities of acquired immunity  
Prof. Tasuku Honjo  
(Kyoto University, Japan, Nobel Prize laureate in Physiology or Medicine in 2018)
2. Achieving healthier populations in changing global food and nutrition environment  
Dr. Naoko Yamamoto (World Health Organization, Switzerland)

## Plenary Speakers

- ▶ Human brown fat: a tissue preventive against obesity and metabolic diseases  
Prof. Masayuki Saito (Hokkaido University, Japan)
- ▶ Signaling pathways through which leucine acts to stimulate mRNA translation  
Prof. Scot R. Kimball (Penn State College of Medicine, USA)
- ▶ Nutrition through the life course and lifelong health  
Prof. Sian M. Robinson (Newcastle University, UK)
- ▶ Nutrition epidemiology-methodology and its future aspect  
Prof. Walter C. Willett (Harvard T.H. Chan School of Public Health, USA)
- ▶ Large-scale regulatory and fiscal policy for tackling obesity and creating healthier diets  
Prof. Barry M. Popkin  
(University of North Carolina at Chapel Hill Gillings School of Global Public Health, USA)
- ▶ Prevention of cardiovascular disease by population approach focusing on nutrition and eating habits  
Dr. Pekka M. Puska (Finnish Institute for Health and Welfare, Finland)
- ▶ Functional foods in the near future for realization of the society toward healthy and powerful longevity  
Prof. Keiko Abe (The University of Tokyo, Japan)
- ▶ Prospects and challenges of cultured meat  
Prof. Marcus J. Post (Maastricht University and Mosa Meat, B.V., The Netherlands)

## Closing Lecture

Personalized, population and planetary nutrition  
Prof. J. Alfredo Martínez (IUNS President, IMDEA/UNAV, Spain)

## Session Theme

1. Advances in Nutrition Research
2. Nutrients and Nutritional Assessment
3. Nutrition Through Life Course
4. Nutrition and Management of Diseases
5. Food Culture Practices and Nutrition Education
6. Public Health Nutrition and Environment
7. Functional Foods and Bioactive Compounds
8. Agriculture, Food Science and Safety
9. Others

## Registration Fee (JPY)

Category	Early bird, until August 4, 2022	Regular, until October 20, 2022	Late & On-site, from October 21, 2022
Member of JSNFS/JSND*1	¥60,000	¥85,000	¥95,000
Members of specified organizations*2	¥65,000	¥85,000	¥95,000
Delegate	¥70,000	¥85,000	¥95,000
Delegate from middle / low income countries*3	¥50,000	¥55,000	¥60,000
Student member of JSNFS/JSND and specified organizations*2	¥30,000	¥40,000	¥45,000
Student	¥35,000	¥40,000	¥45,000
1-Day Registration for Member of and Student member of JSNFS/JSND	¥20,000	¥20,000	¥20,000
1-Day Registration	¥30,000	¥30,000	¥30,000
Gala dinner*4	To be announced	To be announced	To be announced
Accompanying person	¥20,000	¥20,000	¥20,000

\*1 Japan Society of Nutrition and Food Science / The Japanese Society of Nutrition and Dietics.

\*2 The applicable organizations will be separately informed.

\*3 Detail will be separately informed.

\*4 Gala Dinner will be held at imperial hotel on September 18. The dinner fee will be announced later.

## Host city, TOKYO

Tokyo represents a vital crossroads where over 400 years of history and tradition meet innovation. The city is a fast-paced cultural hub where what's new and modern sits side-by-side with historical gems. Tokyo also offers everything for your delightful stay; world-renowned Japanese cuisines, the high-quality hotels with wide range, and the reliable public transportation that connects city to city in Tokyo. Wherever you go, pleasant high-quality service is promised in this safe and clean city.

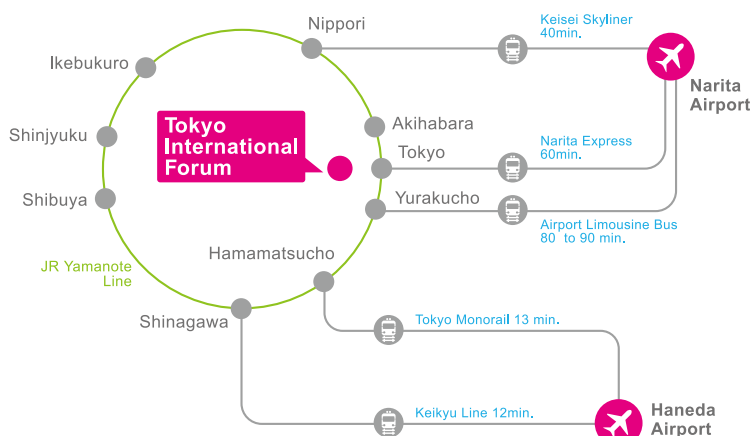


## Venue

The Tokyo International Forum (TIF) is Tokyo's flagship convention and arts center, conveniently located adjacent to the central Tokyo JR railway station, the departure station for Shinkansen (bullet) train lines heading to various parts of the country and the transportation hub of Tokyo. Close to the Imperial Palace, Hibiya Park, several top-class shopping and restaurant complexes and not far from the premier shops of Ginza, TIF is at the heart of Tokyo's bustling metropolis.



### Access



### From Narita Airport

- 80 to 90 minutes to Tokyo Station by Airport Limousine Bus
- Approx. 60 minutes to Tokyo Station by JR Narita Express N'EX

### From Haneda Airport

- 13 minutes to Hamamatsucho Station by Tokyo Monorail

## Outline of Congress

Name of the Congress	22nd IUNS International Congress of Nutrition (22nd IUNS-ICN)
Date	December 6 (Tue) - 11 (Sun), 2022
Venue	Tokyo International Forum
Congress Theme	The Power of Nutrition : For The Smiles of 10 Billion People
Host Organizations	22nd IUNS-ICN Organizing Committee Science Council of Japan (SCJ) Japan Society of Nutrition and Food Science (JSNFS) The Japanese Society of Nutrition and Dietetics (JSND)
Official Language	English

## Important Dates

Poster/Oral Abstract Submission	>	November 12, 2021 - March 18, 2022
Poster/Oral Abstract Acceptance Notice	>	June 10, 2022
Presenter Registration Deadline	>	July 15, 2022
Early Bird Registration	>	June 6, 2022 - August 4, 2022
Regular Registration	>	August 5, 2022 - October 20, 2022
Late Registration	>	October 21, 2022 - November 21, 2022

## Secretariat of 22nd IUNS-ICN

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